

ON THE STREETS | by Ralph Allison



3a) We can see 2 ladies being simultaneously attacked by 2 males using a front choke.



3b) The ladies perform a Choi Kwang Do (CKD) choke-defence-drill by initially stepping back into a CKD stance thereby loosening the grip to a degree and getting attackers to move forward with them.



3c) As the attackers are moving forward they are literally walking into an elbow-strike which is performed by the would be victims.



3d) As aggressors are holding up their hands reacting to the elbow strike, CKD front and heel kicks are being delivered to the men.

Credits: Thanks to our students Mo Cox, Susan Watson, Karl Green and Simon Beauchamp for their participation in this photo shoot.
WARNING: CKD does not promote the use of violence; techniques above are for demonstration purposes only.