

ON THE STREETS | by Ralph Allison



3a) Mr Nzamba approaches Mr Allison in a Choi Kwang Do (CKD) Right front stance.



3b) Mr N. opens up with a CKD jumping Crescent Kick, which is dodged by Mr A.



3c) Stepping aside a CKD Reverse Knife Hand Strike is performed.



3d) This is followed up by a CKD Swing Kick take-down.

Credits: Thanks to CKD Instructor Mr Nzamba for his participation in this photo shoot.

WARNING: CKD does not promote the use of violence; techniques above are for demonstration purposes only.