

On the STREETS

with
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A: An adult grabs a child from the front.



B: The child delivers a Choi Kwang Do (CKD) Front Kick to the groin.



C: As the attacker is holding his groin and bending down a CKD Crescent Kick is delivered.



D: The child can now run away to the safety of a nearby shop and alert the police. A job well done!

*Special thanks to young CKD martial artist Connor for his participation.
WARNING: All the above are potentially dangerous techniques and should only be practiced under the supervision of a qualified instructor.