

On the STREETS

with
Ralph Allison



A: Miss Cadrecha, a Choi Kwang-Do (CKD) assistant instructor, is grabbed by 1st attacker from behind whilst 2nd attacker approaches.



B: Second attacker receives a CKD front-kick whilst 1st attacker is still holding her from behind.



C: As second attacker goes down Miss C. is kicking onto foot of other attacker to gain release of rear-hold.



D: Whilst attacker is contemplating pain in his foot Miss C. performs a CKD rear-round-punch. A job well done!