

ON THE STREETS | by Ralph Allison



4a) Two attackers face Mr Allison; one has a metal bar in his hands.



4b) First attacker strikes with the metal bar which is met by a Choi Kwang Do (CKD) double forearm block.



4d) This is followed up with a CKD Elbow strike.



4e) As first attacker goes down the second one who is approaching is met with a CKD Heel Kick.

Credits: Thanks to our students Gordon Watson and Derek Evans for their participation in this photo shoot.
WARNING: CKD does not promote the use of violence; techniques above are for demonstration purposes only.